



FEBRUARY 2012



PUSD

Secondary Breakfast and Lunch Menu

Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		Traditional: Chicken Nuggets Adobe Grill: Beefy Nachos Ballpark Classics: Hamburger/Cheeseburger Luigi's Eatery: Sausage Pizza Gourmet Greens: Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Oven Baked Chicken Adobe Grill: Shredded Beef Taquitos Ballpark Classics: Chili Cheese Fries Luigi's Eatery: Baked Rotini Red Dragon: Teriyaki Glazed Chicken Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Cheesy Scrambled Eggs w/Hash Brown Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Chicken Fried Steak Adobe Grill: Beef Tostada Ballpark Classics: Grilled Ham & Cheese Luigi's Eatery: Hawaiian Pizza Red Dragon: Chinese Chicken Rice Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Biscuits/Gravy w/Sausage Patty Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Traditional Cuisine: Beef Stroganoff Adobe Grill: Supreme Nachos Ballpark Classics: Hamburger/Cheeseburger Luigi's Eatery: Vegetable Pizza Red Dragon: Orange Chicken Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Oatmeal w/Sausage Patty Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Chili con Carne Adobe Grill: Chicken Quesadilla Ballpark: Turkey Hot Dog Luigi's Eatery: Rotini w/Meat Sauce Red Dragon: Sweet & Sour Chicken Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Muffin w/Yogurt Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional: Chicken Nuggets Adobe Grill: Beefy Nachos Ballpark Classics: Hamburger/Cheeseburger Luigi's Eatery: Sausage Pizza Gourmet Greens: Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancakes w/Sausage Patty Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Beef Ravioli Adobe Grill: Chicken Enchilada Ballpark Classics: Mini Corn Dogs Luigi's Eatery: Chicken Parm Sandwich Red Dragon: Chicken Chow Mein Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage & Egg Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Meatloaf Adobe Grill: Chicken Tostada Ballpark: Crispy Chicken Wrap Luigi's Eatery: Chicken Alfredo Red Dragon: Beef & Broccoli Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Egg & Cheese Bagel Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Traditional Cuisine: Rosemary Chicken Adobe Grill: Bean & Cheese Tostada Ballpark Classics: Southwest Cheeseburger Luigi's Eatery: Pepperoni Calzone Red Dragon: Chicken Chow Mein Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage & Cheese Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Turkey Sandwich Adobe Grill: Chicken Quesadilla Ballpark Classics: Turkey Hot Dog Luigi's Eatery: Rotini w/Meat Sauce Red Dragon: Sweet & Sour Chicken Strawberries w/Whipped Cream Variety of Milk Breakfast Scrambled Eggs w/Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional: Chicken Nuggets Adobe Grill: Beefy Nachos Ballpark Classics: Hamburger/Cheeseburger Luigi's Eatery: Sausage Pizza Gourmet Greens: Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Yogurt Parfait Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: BBQ Rib Patty Sandwich Adobe Grill: Fish Tacos Ballpark Classics: Southwest Burger Luigi's Eatery: Pasta Primavera Red Dragon: Teriyaki Chicken Stir Fry Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Cinnamon French Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Chicken Nuggets Adobe Grill: Shredded Beef Taquitos Ballpark Classics: Adobe Chicken Wrap Luigi's Eatery: Vegetable Pizza Red Dragon: Orange Chicken Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Cinn. Raisin Bagel w/cream cheese Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
 President's Day	Traditional Cuisine: Chicken Snowbowl Adobe Grill: Beef & Bean Burrito Ballpark Classics: Meatball Sub Luigi's Eatery: Spaghetti w/Marinara Red Dragon: Beef & Broccoli Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Biscuits/Gravy w/Sausage Patty Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional: Chicken Nuggets Adobe Grill: Beefy Nachos Ballpark Classics: Hamburger/Cheeseburger Luigi's Eatery: Sausage Pizza Gourmet Greens: Chicken Caesar Salad Tuna Salad Wrap Variety of Milk Breakfast Egg, Ham & Cheese Burrito w/Hash B Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Patty Melt Adobe Grill: Shredded Beef Taquitos Ballpark Classics: Hamburger/Cheeseburger Luigi's Eatery: Sausage Pizza Red Dragon: Korean Chicken Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Muffin w/Yogurt Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Fish Patty Sandwich Adobe Grill: Chicken Tostada Ballpark Classics: Crispy Chicken Wrap Luigi's Eatery: Chicken Alfredo Red Dragon: Beef Dipper Sliders Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage/Cheese Biscuit w/Hash Brown Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 27	Tuesday 28	Wednesday 29	Thursday	Friday
Traditional Cuisine: Lasagna w/Beef Adobe Grill: Chicken Quesadilla Ballpark Classics: Mini Corn Dog Luigi's Eatery: Vegetable Pizza Red Dragon: Teriyaki Glazed Chicken Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Pancake Wrap Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional Cuisine: Chicken Fried Steak Adobe Grill: Beef Tostada Ballpark Classics: Grilled Ham Sandwich Luigi's Eatery: Hawaiian Pizza Red Dragon: Chinese Chicken Rice Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Cinnamon Roll w/Sausage Patty Fresh Fruit Selection Assorted Low Sugar Cereal	Traditional: Chicken Nuggets Adobe Grill: Beefy Nachos Ballpark Classics: Hamburger/Cheeseburger Luigi's Eatery: Sausage Pizza Gourmet Greens: Chicken Caesar Salad Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Sausage/Cheese Biscuit w/Hash Brown Fresh Fruit Selection Assorted Low Sugar Cereal		



Meal Prices Paid: \$2.00 Reduced: \$0.40 Adult: \$3.00 Paid Breakfast: \$1.25 Reduced Breakfast: \$0.30 Adult Breakfast: \$1.50 Milk: \$0.40
Check out our Daily Selections!

Food Service Director: Sherri Wilson :: Phone: (928) 717-3232 :: Email: sherri.wilson@prescottschools.com

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